# New upper bound for sums of dilates

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#### Abstract

For  $\lambda \in \mathbb{Z}$ , let  $\lambda \cdot A = \{\lambda a : a \in A\}$ . Suppose  $r, h \in \mathbb{Z}$  are sufficiently large and comparable to each other. We prove that if  $|A + A| \leq K|A|$  and  $\lambda_1, \ldots, \lambda_h \leq 2^r$ , then

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leqslant K^{7rh/\ln(r+h)}|A|.$$

This improves upon a result of Bukh who shows that

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leqslant K^{O(rh)}|A|.$$

Our main technique is to combine Bukh's idea of considering the binary expansion of  $\lambda_i$  with a result on biclique decompositions of bipartite graphs.

**Keywords:** sumsets; dilates; Plünnecke–Ruzsa inequality; graph decomposition; biclique partition

#### 1 Introduction

Let A and B be nonempty subsets of an abelian group, and define the *sumset* of A and B and the h-fold sumset of A as

$$A + B := \{a + b : a \in A, b \in B\}$$
 and  $hA := \{a_1 + \ldots + a_h : a_i \in A\},$ 

respectively. When the set A is implicitly understood, we will reserve the letter K to denote the doubling constant of A; that is, K := |A + A|/|A|. A classical result of Plünnecke bounds the cardinality of hA in terms of K and |A|.

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**Theorem 1** (Plünnecke's inequality [5]). For any set A and for any nonnegative integers  $\ell$  and m, if |A + A| = K|A|, then

$$|\ell A - mA| \leqslant K^{\ell + m} |A|.$$

See the survey of Ruzsa [6] for variations, generalizations, and a graph theoretic proof of Theorem 1; see Petridis [4] for a new inductive proof.

Given  $\lambda \in \mathbb{Z}$ , define a dilate of A as

$$\lambda \cdot A := \{ \lambda a : a \in A \}.$$

Suppose  $\lambda_1, \ldots, \lambda_h$  are nonzero integers. Since  $\lambda_i \cdot A \subseteq \lambda_i A$ , one can apply Theorem 1 to conclude that

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leqslant K^{\sum_i |\lambda_i|} |A|.$$

Bukh [1] significantly improved this by considering the binary expansion of  $\lambda_i$  and using Ruzsa's covering lemma and triangle inequality.

**Theorem 2** (Bukh [1]). For any set A, if  $\lambda_1, \ldots, \lambda_h \in \mathbb{Z} \setminus \{0\}$  and |A + A| = K|A|, then

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leqslant K^{7+12\sum_{i=1}^h \log_2(1+|\lambda_i|)} |A|.$$

If  $|\lambda_i| \leq 2^r$  for all i, then Theorem 2 yields that

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leqslant K^{O(rh)}|A|. \tag{1}$$

In this paper we prove a bound that improves (1) when r and h are sufficiently large and comparable to each other. Throughout the paper ln stands for the natural logarithm.

**Theorem 3.** Suppose  $r, h \in \mathbb{Z}$  are sufficiently large and

$$\min\{r+1, h\} \ge 10 \left(\ln \max\{r+1, h\}\right)^2. \tag{2}$$

Given a set A and nonzero integers  $\lambda_1, \ldots, \lambda_h$  such that  $|\lambda_i| \leq 2^r$ , if |A+A| = K|A|, then

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leqslant K^{7rh/\ln(r+h)}|A|. \tag{3}$$

The proof of Theorem 3 relies on Theorem 2 as well as a result of Tuza [8] on decomposing bipartite graphs into bicliques (complete bipartite subgraphs). The key idea is to connect Bukh's technique of considering the binary expansion of  $\lambda_i$  to the graph decomposition problem that allows us to efficiently group certain powers of 2.

We remark here that in all of the above theorems, the condition |A+A| = K|A| can be replaced with |A-A| = K|A| with no change to the conclusion. It is likely that Theorem 3 is not best possible – we discuss this in the last section.

#### 2 Basic Tools

We need the following analogue of Ruzsa's triangle inequality, see [6, Theorem 1.8.7].

**Theorem 4** (Ruzsa [6]). For any sets X, Y, and Z,

$$|X+Y| \leqslant \frac{|X+Z||Z+Y|}{|Z|}.$$

A useful corollary of Theorem 4 is as follows.

**Corollary 5.** For any sets A and B, if  $p_1$  and  $p_2$  are nonnegative integers and  $|A+A| \leq K|A|$ , then

$$|B + p_1 A - p_2 A| \le K^{p_1 + p_2 + 1} |B + A|.$$

*Proof.* Apply Theorem 4 with X = B,  $Y = p_1A - p_2A$ , and Z = A, then apply Plünnecke's inequality (Theorem 1).

We can use Corollary 5 to prove the following proposition that we will use in the proof of Theorem 3.

**Proposition 6.** If  $k_1, \ell_1, \ldots, k_q, \ell_q$  are nonnegative integers, K > 0, and  $A_1, \ldots, A_q, C$  are sets such that  $|A_i + A_i| \leq K|A_i|$ , then

$$|C + k_1 A_1 - \ell_1 A_1 + \dots + k_q A_q - \ell_q A_q| \le |C + A_1 + \dots + A_q| \cdot K^{q + \sum_{i=1}^q (k_i + \ell_i)}.$$
 (4)

In particular,

$$|k_1 A_1 - \ell_1 A_1 + \dots + k_q A_q - \ell_q A_q| \le |A_1 + \dots + A_q| \cdot K^{q + \sum_{i=1}^q (k_i + \ell_i)}.$$
 (5)

*Proof.* (5) follows from (4) by taking C to be a set with a single element so it suffices to prove (4). We proceed by induction on q. The case q=1 follows from Corollary 5 immediately. When q>1, suppose the statement holds for any positive integer less than q. Applying Corollary 5 with  $B=C+k_1A_1-\ell_1A_1+\ldots+k_{q-1}A_{q-1}-\ell_{q-1}A_{q-1}$  and  $A=A_q$ , we obtain that

$$|C + k_1 A_1 - \ell_1 A_1 + \ldots + k_q A_q - \ell_q A_q|$$

$$\leq K^{k_q + \ell_q + 1} |C + k_1 A_1 - \ell_1 A_1 + \ldots + k_{q-1} A_{q-1} - \ell_{q-1} A_{q-1} + A_q|.$$
(6)

Now, let  $C' = C + A_q$  and apply the induction hypothesis to conclude that

$$|C' + k_1 A_1 - \ell_1 A_1 + \dots + k_{q-1} A_{q-1} - \ell_{q-1} A_{q-1}|$$

$$\leq |C' + A_1 + \dots + A_{q-1}| \cdot K^{q-1 + \sum_{i=1}^{q-1} (k_i + \ell_i)}$$
(7)

Combining (6) with (7) gives the desired inequality:

$$|C + k_1 A_1 - \ell_1 A_1 + \ldots + k_q A_q - \ell_q A_q| \le |C + A_1 + \ldots + A_q| \cdot K^{q + \sum_{i=1}^q (k_i + \ell_i)}.$$

#### 3 Proof of Theorem 3

Given  $\lambda_1, \ldots, \lambda_h \in \mathbb{Z} \setminus \{0\}$ , we define

$$r := \max_{i} \lfloor \log_2 |\lambda_i| \rfloor \tag{8}$$

and write the binary expansion of  $\lambda_i$  as

$$\lambda_i = \epsilon_i \sum_{j=0}^r \lambda_{i,j} 2^j, \text{ where } \lambda_{i,j} \in \{0,1\} \text{ and } \epsilon_i \in \{-1,1\}.$$
 (9)

Bukh's proof of Theorem 2 actually gives the following stronger statement.

**Theorem 7** ([1]). If  $\lambda_1, \ldots, \lambda_h \in \mathbb{Z} \setminus \{0\}$  and |A + A| = K|A|, then

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leqslant K^{7+10r+2\sum_i \sum_j \lambda_{i,j}} |A|.$$

In his proof of Theorem 2, the first step is to observe that

$$\lambda_1 \cdot A + \ldots + \lambda_h \cdot A \subseteq \sum_{j=0}^r (\lambda_{1,j} 2^j) \cdot A + \ldots + \sum_{j=0}^r (\lambda_{h,j} 2^j) \cdot A.$$

In our proof, we also consider the binary expansion of  $\lambda_i$ , but we do the above step more efficiently by first grouping together  $\lambda_i$  that have shared binary digits. In order to do this systematically, we view the problem as a graph theoretic problem and apply the following result of Tuza [8].

**Theorem 8** (Tuza [8]). There exists  $n_0$  such that the following holds for any integers  $m \ge n \ge n_0$  such that  $n \ge 10(\ln m)^2$ . Every bipartite graph G on two parts of size m and n can be decomposed into edge-disjoint complete bipartite subgraphs  $H_1, \ldots, H_q$  such that  $E(G) = \bigcup_i E(H_i)$  and

$$\sum_{i=1}^{q} |V(H_i)| \leqslant \frac{3mn}{\ln m}.\tag{10}$$

Tuza stated this result [8, Theorem 4] for the covers of G, where a cover of G is a collection of subgraphs of G such that every edge of G is contained in at least one of these subgraphs. However, the cover provided in his proof is indeed a decomposition. Furthermore, the assumption  $n \ge 10(\ln m)^2$  was not stated in [8, Theorem 4] but such kind of assumption is needed.<sup>1</sup> Indeed, (10) becomes false when  $n = o(\ln m)$  because  $\sum_{i=1}^{q} |V(H_i)| \ge m + n$  for any cover  $H_1, \ldots, H_q$  of G if G has no isolated vertices.

Note that (10) is tight up to a constant factor. Indeed, Tuza [8] provided a bipartite graph G with two parts of size  $n \leq m$  such that every biclique cover  $H_1, \ldots, H_q$  of G satisfies  $\sum_{i=1}^{q} |V(H_i)| \geq mn/(e^2 \ln m)$ , where  $e = 2.718 \ldots$ 

<sup>&</sup>lt;sup>1</sup>In his proof, copies of  $K_{q,q}$  were repeatedly removed from G, where  $q = \lfloor \ln m / \ln j \rfloor$  for  $2 \leq j \leq (\ln m) \ln \ln m$ . By a well-known bound on the Zarankiewicz problem, every bipartite graph G with parts of size m and n contains a copy of  $K_{q,q}$  if  $|E(G)| \geq (q-1)^{1/q}(n-q+1)m^{1-1/q}+(q-1)m$ . A simplified bound  $|E(G)| \geq (1+o(1))nm^{1-1/q}$  was used in [8] but it requires that  $qm^{1/q} = o(n)$ .

Proof of Theorem 3. Let  $r, h \in \mathbb{Z}$  be sufficiently large and satisfy (2). Given nonzero integers  $\lambda_1, \ldots, \lambda_h$ , define r and  $\lambda_{i,j}$  as in (8) and (9). We define a bipartite graph G = (X, Y, E) as follows: let  $X = \{\lambda_1, \ldots, \lambda_h\}, Y = \{2^0, \ldots, 2^r\}$ , and  $E = \{(\lambda_i, 2^j) : \lambda_{i,j} = 1\}$ . In other words,  $\lambda_i$  is connected to the powers of 2 that are present in its binary expansion.

We apply Theorem 8 to G and obtain a biclique decomposition  $H_1, \ldots, H_q$  of G. Assume  $H_i := (X_i, Y_i, E_i)$  where  $X_i \subseteq X$ ,  $Y_i \subseteq Y$ . We have  $E_i = \{(u, v) : u \in X_i, v \in Y_i\}$  and

$$\sum_{i=1}^{q} (|X_i| + |Y_i|) \leqslant \frac{3(r+1)h}{\ln \max\{r+1, h\}}.$$
 (11)

Now, we connect this biclique decomposition to the sum of dilates  $\lambda_1 \cdot A + \ldots + \lambda_h \cdot A$ . Since the elements of X and Y are integers, we can perform arithmetic operations with them. For  $j = 1, \ldots, q$ , let

$$\gamma_j := \sum_{y \in Y_j} y,$$

and since  $\mathcal{H}$  is a biclique decomposition, for  $i = 1, \dots, h$ , we have

$$\lambda_i = \epsilon_i \sum_{j: \lambda_i \in X_j} \gamma_j.$$

Applying the above to each  $\lambda_i$  along with the fact that  $B + (\alpha + \beta) \cdot A \subseteq B + \alpha \cdot A + \beta \cdot A$  results in

$$\lambda_1 \cdot A + \ldots + \lambda_h \cdot A \subseteq \epsilon_1 \sum_{j:\lambda_1 \in X_j} (\gamma_j \cdot A) + \ldots + \epsilon_h \sum_{j:\lambda_h \in X_j} (\gamma_j \cdot A). \tag{12}$$

Let  $k_j := |\{\lambda_i \in X_j : \lambda_i > 0\}|, \ \ell_j := |\{\lambda_i \in X_j : \lambda_i < 0\}|, \ \text{and note that } k_j + \ell_j = |X_j|.$  By regrouping the terms in (12), we have

$$\epsilon_1 \sum_{j:\lambda_1 \in X_j} \gamma_j \cdot A + \ldots + \epsilon_h \sum_{j:\lambda_h \in X_j} \gamma_j \cdot A$$

$$= k_1(\gamma_1 \cdot A) - \ell_1(\gamma_1 \cdot A) + \ldots + k_g(\gamma_g \cdot A) - \ell_g(\gamma_g \cdot A).$$

Since  $|\gamma_j \cdot A + \gamma_j \cdot A| = |A + A| \leq K|A| = K|\gamma_j \cdot A|$ , we can apply Proposition 6 to conclude that

$$|k_1(\gamma_1 \cdot A) - \ell_1(\gamma_1 \cdot A) + \dots + k_q(\gamma_q \cdot A) - \ell_q(\gamma_q \cdot A)|$$

$$\leq |\gamma_1 \cdot A + \dots + \gamma_q \cdot A| \cdot K^{q + \sum_{i=1}^q k_i + \ell_i} \leq |\gamma_1 \cdot A + \dots + \gamma_q \cdot A| \cdot K^{2 \sum_{i=1}^q |X_i|}. \tag{13}$$

For  $1 \le i \le q$  and  $0 \le j \le r$ , let  $\gamma_{i,j} = 1$  if  $2^j$  is in the binary expansion of  $\gamma_i$  and 0 otherwise. Observe that

$$\max_{j} \lfloor \log_2 \gamma_j \rfloor \leqslant \max_{i} \lfloor \log_2 |\lambda_i| \rfloor = r \quad \text{and} \quad \sum_{j=0}^r \gamma_{i,j} = |Y_i|.$$

Hence, by Theorem 7,

$$|\gamma_1 \cdot A + \ldots + \gamma_q \cdot A| \leqslant K^{7+10r+2\sum_{i=1}^q \sum_{j=0}^r \gamma_{i,j}} |A| = K^{7+10r+2\sum_{i=1}^q |Y_i|} |A|.$$
 (14)

Combining (13) and (14) with (11) results in

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leqslant K^{7+10r+2\sum_{i=1}^{q}(|X_i|+|Y_i|)} |A| \leqslant K^{7+10r+\frac{6(r+1)h}{\ln\max\{r+1,h\}}} |A|.$$

We have  $7 + 10r = o((r+1)h/\ln \max\{r+1,h\})$  because of (2) and the assumption that r, h are sufficiently large. Together with

$$\ln \max\{r+1, h\} \geqslant \ln \frac{r+1+h}{2} \geqslant (1-o(1))\ln(r+h),$$

this implies that  $|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leq K^{7rh/\ln(r+h)}|A|$ , as desired.

## 4 Concluding Remarks

Instead of Theorem 8, in an earlier version of the paper we applied a result of Chung, Erdős, and Spencer [2], which states that every graph on n vertices has a biclique decomposition  $H_1, \ldots, H_q$  such that  $\sum_{i=1}^q |V(H_i)| \leq (1+o(1))n^2/(2\ln n)$ . Instead of (3), we obtained that

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leqslant K^{O((r+h)^2/\ln(r+h))} |A|.$$

This bound is equivalent to (3) when  $r = \Theta(h)$  but weaker than Bukh's bound (1) when r and h are not close to each other.

Although the assumption (2) may not be optimal, Theorem 3 is not true without any assumption on r and h. For example, when r is large and  $h = o(\ln r)$ , (3) becomes  $|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leq K^{o(r)}|A|$ , which is false when  $A = \{1, \ldots, n\}$ .

If each of  $\lambda_1, \ldots, \lambda_r$  has O(1) digits in its binary expansion, then Theorem 2 yields that  $|\lambda_1 \cdot A + \ldots + \lambda_r \cdot A| \leq K^{O(r)}|A|$ . Bukh asked if this bound holds whenever  $\lambda_i \leq 2^r$ :

Question 9 (Bukh [1]). For any set A and for any  $\lambda_1, \ldots, \lambda_r \in \mathbb{Z} \setminus \{0\}$ , if |A+A| = K|A| and  $0 < \lambda_i \leq 2^r$ , then

$$|\lambda_1 \cdot A + \ldots + \lambda_r \cdot A| \leqslant K^{O(r)}|A|.$$

In light of Question 9, one can view Theorem 3 as providing modest progress by proving a subquadratic bound of quality  $O(r^2/\ln r)$  whereas Theorem 2 shows that the exponent is  $O(r^2)$ .

Generalized arithmetic progressions give supporting evidence for Question 9. A generalized arithmetic progression P is a set of the form

$$P := \{d + x_1 d_1 + \ldots + x_k d_k : 0 \le x_i < L_i\}.$$

Moreover, P is said to be *proper* if  $|P| = L_1 \cdot \ldots \cdot L_k$ . One can calculate that if P is proper, then

$$|P + P| \le (2L_i - 1)^k \le 2^k |P| =: K|P|.$$

Additionally, one can calculate that for any  $\lambda_1, \ldots, \lambda_h \in \mathbb{Z}^+$ , if  $\lambda_i \leq 2^r$  then

$$|\lambda_1 \cdot P + \ldots + \lambda_h \cdot P| \leqslant (\lambda_1 + \ldots + \lambda_h)^k |P| = 2^{k \log_2(\lambda_1 + \ldots + \lambda_h)} |P| = K^{r + \log_2 h} |P|.$$

Freiman's theorem [3] says that, roughly speaking, sets with small doubling are contained in generalized arithmetic progressions with bounded dimension. Using this line of reasoning, Schoen and Shkredov [7, Theorem 6.2] proved that

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leqslant e^{O(\log_2^6(2K)\log_2\log_2(4K))(h + \log_2\sum_i |\lambda_i|)} |A|.$$

This naturally leads us to ask a more precise version of Question 9.

Question 10. If |A + A| = K|A|, then is

$$|\lambda_1 \cdot A + \ldots + \lambda_h \cdot A| \leq K^{O(h + \ln \sum_i |\lambda_i|)} |A|$$
?

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